

IN BRIEF

With Thanks.....

We are extremely grateful to The George Davies Charitable Trust who have generously provided funding for the George Davies Award for Visionary Research 2015.

George Davies has been the most prolific supporter of the Circulation Foundation since 2005 after his mother, who suffered from vascular disease, sadly passed away.

We are looking forward to the opportunity at the beginning of July to present the outcomes of the successful research that would not have been possible without their generosity.

We would also like to thank all the golfers who “teed” off to raise money for the Circulation Foundation. The successful annual Pro-Am Team Golf Day in Lancashire took place earlier this month. Special thanks to Steve Parry and Hart Common Golf Club.

A big thank you to our many fundraisers and those that have donated in memoriam.

‘How Healthy is your Circulation...?’

...our theme for this years **Vascular Awareness Month**, which will be active UK wide during September. Everyone can get involved and do their bit in promoting and raising awareness of Vascular Disease. You can be an organiser or a participator - run, cycle, trek, walk, dance, bake ... Alternatively simply erect a Promotional Display or strategically place one of our collection boxes. Collect foreign Currency (perfect timing after the holiday season) or encourage people to go to the website and try out our easy-to-use risk checker so they can assess their vascular health and take preventative action. If you need help or promotional materials such as pins, T-shirts, balloons or collection boxes. Email: info@circulationfoundation.org.uk, call 020 7304 4779 or contact Louise Allen. Her email is Louise.Allen@imperial.nhs.uk Alternatively make a donation by going to the Circulation Foundation Website. www.circulationfoundation.org

How Varicose Veins can raise a Million for the Circulation Foundation:

David West and **The Vein Centre** intend to turn every laser varicose vein procedure into a fundraising opportunity for the foundation! Turn to page 2 and 3 to see how.

Amazing Fundraisers



The Circulation Foundation would like to send a big thank you to **Marco Oiliviera** for supporting us by running the Hackney marathon Thanks Marco! ..

Exercise-a-thon

Rachel Morgan organised a successful Exercise-a-thon in her home town of Pontnewydd Cwmbrian on the 16th May. The event ran all day with only 15 minute breaks between intense 45 minute classes! An exhausting, but very successful day raising funds for and promoting awareness of the Circulation Foundation and all it stands for. A thank you to Rachel and all her fit friends.

IN BRIEF

The Committee.....

Vicky Davies has rejoined



our team.

A Vascular Scientist at The Royal United Hospital Bath. She will represent this speciality but also has embarked on the task of regenerating our Website, and managing its content going forwards.

Jonathan Refsons, a Consultant, Vascular Surgeon at The Princess Alexandra Hospital, Harlow is also joining us.

He has take on a PR role,



producing Newsletters and creating technical and promotional articles to further our cause.

How Varicose Veins can raise a Million for the Circulation Foundation:

Ask your average patient what a vascular surgeon does and they'll tell you that they do varicose vein surgery. They seem less aware of the major arterial work that is done, to save limbs and lives, hence Vascular surgery is often seen as the cinderella of the "circulation science" family.

It seems somehow poignant that one Vascular surgeon is doing his very best to raise funds and awareness of the circulation foundation by donating remuneration from the treatment of varicose veins, to the foundation.

David West is that Vascular surgeon, based in the west country with a particular interest in the efficient management of Varicose veins. Following a visit to the United States in 2003 he saw what might be possible in vein management and has spent the last 12 years setting up systems and developing clinical practice to realise those aspirations. He has made it his business to develop patient centred care, that provides what patients want in an efficient and cost effective way.

One of the particular techniques that David and his team of surgeons, provides is the use of laser to treat varicose veins. This treatment can be delivered as walk in/ walk out procedure in the outpatient setting; under local anaesthetic. In developing this package of care,



IN BRIEF

Coming Up.....

We are look forward to Susan Leggatt's Pool Feast on the 12th July during which she has organised a 5K run in memory of her husband Christopher. Her daughter, Karen is also fundraising for the Circulation Foundation and will be conquering the three Peaks next month. We look forward to reporting these successes and more in the September newsletter.

Also in the next Newsletter we will provide updates on all our Vascular Awareness month activities and National Heart day promotions. National Heart Day will take place on the 29th September, during Vascular Awareness Month, we will be working with other charities to promote or causes.

Please pass on contacts of companies and organisations who may want to donate or partner.

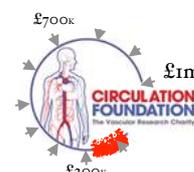
David noticed that many separate packs of instruments, swabs, "the laser", syringes and needles needed to be opened separately and that this was a very inefficient use of time and energy from the support team and for the patient.

With one eye on improving efficiency David set about rationalising the way the procedure packs were put together for the laser treatment and developed a single treatment pack with all the equipment required, in one container. This single use pack has shortened the procedure time and streamlined the whole patient care episode.

David has had a successful career in vascular surgery and has always been a strong supporter of the Circulation Foundation and its endeavours to raise the awareness of Vascular diseases and support research into their treatment. David not only uses these packs in his own units, but also markets and sells them to other vascular units (doing laser varicose vein surgery) in the UK.

He wants to "give something back" to continue to raise the profile of our "Cinderella" speciality. To that end he has very generously decided to donate all the proceeds from the sales of these single treatment packs for varicose veins, to the foundation.

The foundation will keep you posted with how much we have received in donations from David's packs. There will be a barometer showing the funds raised, in each edition of this bulletin.



For our Vascular Surgeon readers: those of you who do laser varicose vein surgery, please consider whether you would like to try these treatment packs. That way, every laser varicose vein procedure you do has the potential to raise funds for the foundation!

*David West is the medical director of the Vein centre:
www.veincentre.com